

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Lasagne and Garlic Bread	Sausage and Mash	Roast of the day (turkey with stuffing and gravy)	Classic pasta Bolognese with garlic bread	Fish fingers with chips and tomato sauce
Vegetarian Main Meal	Tomato and Basil Pasta	Veggie burger in a bun with wedges	Roast veggie balls with stuffing and gravy	Veggie mince pasta Bolognese with garlic bread	Cheese and bean wrap
Jacket Potato Option	Freshly baked jacket potato with tuna	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Carrots Sweetcorn	Carrots Sweetcorn	Cauliflower Seasonal greens	Broccoli Carrots	Baked beans Garden peas
Dessert	Brownie	Flapjack	Krispy Cake	Marble cake and chocolate sauce	Vanilla ice cream
Sandwiches	Ham sandwich lunch bag	Tuna sandwich lunch bag	Cheese sandwich lunch bag	Tuna sandwich lunch bag	Cheese sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts





Spring Menu Week Two

Rossett Acre Primary School – W/c 3 October 2022

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita pizza slice with pasta	Chilli with rice and nachos	Roast of the day Turkey with Yorkshire pudding, roast potatoes and gravy	Chicken nuggets and fries	Fish fingers and chips
Vegetarian Main Meal	Tomato and basil pasta	Quorn chilli with rice and nachos	Roast veggie balls with Yorkshire pudding, roast potatoes and gravy	Vegetarian burger and fries	Vegetable burger and chips
Jacket Potato Option	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with tuna		Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Green beans Cauliflower	Sweetcorn Carrots	Carrots Savoy cabbage	Salad sticks	Peas Beans
Dessert	Oat cookie	Shortbread	Apple crumble & custard	Cake with icing and sprinkles	Lemon sponge
Sandwiches	Tuna sandwich lunch bag	Cheese sandwich lunch bag	Ham sandwich lunch bag		Cheese sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts





Spring Menu Week Three

Rossett Acre Primary School – W/c 10 October 2022

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita pizza slice with a half portion of baby baked potatoes	Chicken pie & mash	Pasta Bolognese with garlic bread	Chicken korma with rice and naan bread	Crispy breaded fish fingers & chips
Vegetarian Main Meal	Veggie meatballs with tomato sauce and pasta	Vegetable Curry and Rice	Macaroni cheese with garlic bread	Vegetable burger	Cheese and bean wrap
Jacket Potato Option	Freshly baked jacket potato with tuna	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Mixed vegetables Garden salad	Broccoli Sweetcorn	Garden Peas Carrots	Cauliflower Sweetcorn	Baked beans Garden Peas
Dessert	Flapjack	Krispie cake	Syrup sponge and custard	Lemon Drizzle cake	Frozen Yogurt
Sandwiches	Ham sandwich lunch bag	Tuna sandwich lunch bag	Cheese sandwich lunch bag	Tuna sandwich lunch bag	Ham sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts

