

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage in a hotdog bun with baked jacket wedges	Beef & tomato meatballs with pasta and tomato sauce	Margherita pizza with baked jacket wedges	Spaghetti Bolognese	Fish fingers & chips with peas
Vegetarian Main Meal	Quorn sausage in a hotdog bun with baked jacket wedges	Mexican Quorn fajitas with pasta	Jollof rice & beans	Quorn Bolognese	Lentil & tomato pasta
Jacket Potato Option	Freshly baked jacket potato with beans (v)	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with tuna & mayonnaise	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Peas	Broccoli	Sweetcorn	Carrots	Peas
Dessert	Sultana & cherry flapjack (v) with fruit wedges or fresh fruit or yoghurt	Chocolate crispy cake (v) with fruit wedges or fresh fruit or yoghurt	Shortbread (v) or fresh fruit or yoghurt	Fruit sponge or fresh fruit or yoghurt	Syrup sponge pudding
Sandwiches	Tuna sandwich lunch bag	Ham sandwich lunch bag	Cheese sandwich lunch bag	Cheese sandwich lunch bag	Ham sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts





Spring/Summer Menu Week Two

Rossett Acre Primary School – W/c 4 October 2021

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pork sausage with mash & gravy	Chinese style chicken chow mein noodles	Beef bolognese pasta bake	Sticky barbecue pork with wholegrain rice	Fish fingers and chips
Vegetarian Main Meal	Quorn sausage, mash and gravy	Wholemeal pizza slice with baked potato wedges	Bean & cheese wraps with pasta	Tomato and basil pasta	Quorn burger with chips
Jacket Potato Option	Freshly baked jacket potato with tuna & mayonnaise	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Green beans	Peas	Peas	Cauliflower	Salad Sticks
Dessert	Shortbread (v) & fruit wedges or fresh fruit or yoghurt	Lemon drizzle cake or fresh fruit or yoghurt	Ice cream or fresh fruit or yoghurt	Ginger biscuit with orange wedges or fresh fruit or yoghurt	Iced sponge with sprinkles
Sandwiches	Cheese sandwich lunch bag	Tuna sandwich lunch bag	Ham sandwich lunch bag	Ham sandwich lunch bag	Cheese sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts





Spring/Summer Menu Week Three

Rossett Acre Primary School – W/c 11 October 2021

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef burger in a bun with baked new potatoes	Classic chicken curry & wholegrain rice	Tomato & basil pasta	Barbeque chicken wrap with pasta salad	Fish fingers & chips with peas
Vegetarian Main Meal	Quorn burger in a bun	Bean & cheese wrap with rice	Wholemeal margherita pizza & baked jacket wedges	Macaroni cheese & garlic bread	Quorn sausage hotdog, chips & tomato sauce
Jacket Potato Option	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with tuna & mayonnaise	Freshly baked jacket potato with grated cheese	Freshly baked jacket potato with baked beans (v)
Vegetable Selection	Sweetcorn	Green beans	Garden peas	Carrots	Peas
Dessert	Flapjack	Chocolate brownie or fresh fruit or yoghurt	Shortbread (v) or fresh fruit or yoghurt	Lemon cake with orange wedges or fresh fruit or yoghurt	Choc ice with fresh fruit or yoghurt
Sandwiches	Cheese sandwich lunch bag	Ham sandwich lunch bag	Cheese sandwich lunch bag	Ham sandwich lunch bag	Tuna sandwich lunch bag

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts

