

## Autumn / Winter Menu Week One

**Rossett Acre Primary School – W/c 21 September 2020,  
W/c 5 October 2020 & W/c 19 October 2020**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pizza, new potatoes and salad sticks (v)	Beef burger with wedges, peas and sweetcorn	Pasta beef bolognese with broccoli and green beans	Chicken korma, rice, cauliflower and carrots	Fish and chips, peas and sweetcorn
Jacket Potato Option	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with tuna	Freshly baked jacket potato with cheese (v)	Freshly baked jacket potato with cheese (v)	Freshly baked jacket potato with baked beans (v)
Packed Lunch Sandwich Option	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding
Packed Lunch Sandwich Option	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)
Dessert	Flapjack (v)	Chocolate cake (v)	Ginger cookie (v)	Lemon drizzle cake (v)	Krispie buns (v)





## Autumn / Winter Menu Week Two

Rossett Acre Primary School – W/c 28 September 2020,  
and W/c 12 October 2020

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Macaroni cheese, peas and carrots (v)	Beef chilli with rice, cauliflower and sweetcorn	Pizza with potato wedges and salad sticks (v)	Tomato and basil pasta with broccoli and green beans (v)	Fish fingers, chips, peas and sweetcorn
<b>Jacket Potato Option</b>	Freshly baked jacket potato with baked beans (v)	Freshly baked jacket potato with tuna	Freshly baked jacket potato with cheese (v)	Freshly baked jacket potato with cheese (v)	Freshly baked jacket potato with baked beans (v)
<b>Packed Lunch Sandwich Option</b>	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding	Ham sandwich, yoghurt, fruit, cucumber and pudding
<b>Packed Lunch Sandwich Option</b>	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)	Cheese sandwich, yoghurt, fruit, cucumber and pudding (v)
<b>Dessert</b>	Shortbread (v)	Jam Sponge (v)	Lemon cookie (v)	Flapjack (v)	Chocolate muffin (v)

All medical diets will be catered for and recipes adapted to meet the needs of each particular child. Quorn burger will replace beef burger if the child is vegetarian or for religious reasons.

